

OTTER TRAIL GUIDE

TIDES MAR 2024

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0615	1905	0653	1904	0025	1254
2	0616	1904	0726	1940	0055	1330
3	0617	1903	0811	2034	0133	1419
4	0618	1901	0923	2240	0235	1543
5	0619	1900	1148	----	0501	1905
6	0620	1859	0114	1328	0717	1959
7	0620	1857	0207	1422	0809	2040
8	0621	1856	0251	1507	0852	2116
9	0622	1855	0331	1548	0932	2151
10	0623	1854	0410	1627	1011	2225
11	0624	1853	0449	1704	1050	2258
12	0624	1851	0526	1740	1126	2331
13	0625	1850	0602	1814	1202	----
14	0626	1848	0637	1847	0003	1237
15	0626	1847	0712	1921	0036	1312
16	0627	1846	0751	2000	0111	1350
17	0628	1844	0842	2108	0156	1443
18	0629	1843	1132	----	0543	1830
19	0630	1842	0104	1316	0721	1938
20	0631	1840	0154	1404	0803	2014
21	0631	1839	0228	1439	0833	2041
22	0632	1838	0257	1509	0858	2106
23	0633	1836	0324	1537	0923	2130
24	0634	1835	0349	1603	0948	2153
25	0635	1834	0415	1630	1013	2217
26	0635	1832	0440	1655	1038	2242
27	0636	1831	0505	1721	1104	2306
28	0637	1830	0530	1746	1129	2332
29	0638	1828	0556	1813	1156	2359
30	0639	1827	0625	1843	1226	----
31	0639	1825	0659	1920	0032	1302

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

